MARCH ACTIVITY ROTA – YOUR CHOICE-WK2

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
 2 Outing: Swimming at Victory Creative Room: Wool Letters: Get creative and learn ow to make some letters for the Centre. Media Room: Discuss your individual projects in a group can your friends help with different ideas LUNCH Outing: Redwings: Visit our adopted pony Cookie and use your money skills to buy a drink. Creative Room: Research and start making an All Things March Board Music session: Singing for Confidence. Sing loud, sing proud for all your friends to enjoy. (Movie Songs) 	 Creative Room: Wool Letters: Get creative and learn ow to make some letters for the Centre Outing: Food shopping for the catering group. Find the ingredients we need for cooking and use your maths, money skills to add up and pay. Main Room/On the Move: Keep Active with 1hr of on the move sports. 1hr of Your Choice Games LUNCH Self-image awareness: Promoting self-image awareness whilst learning life skills in the comfort of our pamper room. Creative Room: Complete making an All Things March Board Outing: Trip to the Beach to collect some rocks to paint. (Norfolk Rocks) 	 4 Catering: Make your lunch using your culinary skills whilst learning health and safety in the kitchen Main Room: Practice your math, English and reading skills whilst playing fun games. Creative Room: Prepare and paint the rocks we collected. (Norfolk Rocks) LUNCH Outing: Enjoy time with your friends and have a fun game of bowling at JR'S. Sensory Room: Listen and enjoy some audio stories from the library. Can you answer the quiz questions? Creative Room: Prepare and paint the rocks we collected. (Norfolk Rocks) 	 Catering: Make your lunch using your culinary skills whilst learning health and safety in the kitchen. Outing: Enjoy socializing in the community at the Salvation Army coffee morning. Games Room: Practice your gaming skills whilst socialising with friends. LUNCH Sensory: Use your imagination and tell a story together using the objects in the bag. Creative Room: You Choose? Own projects. Continue with your scrap book or ongoing projects in your tray. Outing: Library Trip. Enjoy some stories and borrow some books for the centre. 	 Main Room: Using props you've made show everyone your best acting skills whilst playing fun drama games. Music Session: Singing for Confidence. Sing loud, sing proud for all your friends to enjoy. (Madonna Song) Outing: Take the Norfolk Rock you've painted and hide them around the local community and beach for all to find. LUNCH Workshop: Learn new skills with the tools and machinery in the workshop (HP) Bethany Bakes: Using all your measuring, mixing and timing skills to make a yummy treat to take home. Outing: Keep Fit with a country walk whilst enjoying the weather.
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